WELCOME TO

AYLESBURY METHODIST CHURCH

Minister: Rev Richard Atkinson 07300 105 277

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Church Office: 01296 426526

Sunday 21st December 2025

whoever you are, whatever your age, gender, mental health, physical ability, race, sexuality or financial situation. You are welcome here, whatever your circumstances;

This Church is God's house.

God loves and welcomes you

however much or little you wish to engage; whatever you feel about faith.

> 8.45am: Communion service led by Rev Richard Atkinson. 10.30am: Morning Worship led by Mr John Shaw. 6.00pm: Carol Service led by Rev Richard Atkinson.

If you are visiting our Church for the first time, do introduce yourself to one of our stewards, who, today, are Frances Aylen and Vicky Fiadzeawu at 8.45am, Gill Marks and Charles Fiadzeawu at 10.30am, and Jackie Simpson-Tyda and Derek Adams at 6.00pm.

Please join us in the Hall after the service for tea, coffee, and a biscuit. (Oat milk now available. Please ask.)

Hymns	8.45am: 180 204 171		
	10.30am: 178 187 169 350 418		
Readings	8.45am: Isaiah 7: 10-16		
	10.30am: Matthew 1: 18-25 Romans 1: 1-7		
Music	8.45am: Derrick Matthews 10.30am: David Brooker		
	6.oopm: Derrick Matthews and AMC Worship Band		
Streaming	To safeguard children and any vulnerable adults, our live-		
	streamed services will not show the congregation.		

The words of the hymns are projected at the front of the Church. If you would like to have a hymnbook for the service, please ask.

If your little ones (up to age 3) become restless during services, you are welcome to take them into the creche room in the Welcome Area to play. The service can be heard from there.





Our Carol Service this evening is at 6.00pm, and tea/ coffee and mince pies will be served in the Hall before the service, from 4.30pm.

So please come and join us in the Christmas festivities.



PLEASE REMEMBER TO LOOK IN THE CHRISTMAS CARD POST BOX IN THE WELCOME SPACE

There is still time to post one, but remember the cards are **NOT DELIVERED**, so please do not put cards in unless you are sure the recipients regularly attend church, as cards not collected will be disposed of.

Please also put SURNAMES on the envelopes.

If you wish to send a card to **everyone at Church**, the board is on the radiator by the display cabinet, for you to pin your card.

THE POST BOX AND BOARD WILL REMAIN UNTIL MONDAY 29th DECEMBER.

Please note that there will be no notice sheet on 28th December and 4th January.

Please give any notices to one of the stewards to be read out in the service.



COLLECTIONS OVER CHRISTMAS

We shall be having our usual collections at our Christmas services this year.



Christingle Service: Action for Children. Midnight Communion: Christian Aid. Christmas Morning: Action for Children.

Many thanks to you all, in advance, for your generosity.





SECRET SANTA SUNDAY

Thank you all so much for the amazing response to Action for Children's Secret Santa Appeal this year.

The final total will be given in the next notice sheet on 11th January.



Those who completed the Gift Aid slip will boost their donation by 25%.



Christmas Walk and Lunch: Monday 29th December.

For the walk, please meet near the Half Moon pub in Wilstone at 10.45am. The route includes canal towpath and field paths. Nothing too muddy, but please wear suitable footwear. No wooden stiles!

For those just going for the soup lunch, please arrive at 82 Wendover Road after 12.30pm. Parking available at the nearby sports ground.

Contributions for the meal will go towards Karibuni Children.

Please let Kevin know whether you are coming on the walk and/or the lunch. Tel 01296 481285. Queries about the walk to Roger Tel 01296 415312.

The 2024/2025 ANNUAL REPORT is now available from the display cabinet in the Welcome Space.

Thanks to all those who contributed to it.



FOOD HUB GUESTS VISIT WADDESDON MANOR

Christmas came early to us at the Food Hub this week, with a surprise call from Waddesdon Manor a few weeks ago, inviting us to a day as their



guests with lunch, drinks and tours of the House and Outdoor Light Show, all 'on the house'!

The group were met outside church by a minibus sent to collect them and then made their way to the Stables at the Manor for drinks and a fish and chip lunch, with mince pies and brownies to follow. Our Monday evening guests always like a 'doggie bag' to take home - and they were not disappointed! They visited the current Christmas exhibition at the Stables and then got the bus taking them up to the Manor, with Edwina and Arandita their hosts for the day.

It was at this point I met up with them, having had a surprise message at work telling me could leave midday. Yay! We walked around the House together and saw so many Christmas trees decorated based around the theme of 'The Grand Tour', each tree representing a different part of Europe that Ferdinand Rothschild would have visited. After that we were treated to a coffee or tea and then went on to walk around the Light Show before the minibus arrived to take everyone back to Aylesbury.



There were ten guests in all, excluding Derek and myself, and only one of them had ever been to Waddesdon Manor before, despite most having lived in or around Aylesbury all their lives. So, you can imagine what an amazing experience it was.

A big thank you to Waddesdon Manor - and more specifically the Rothschild Foundation - for your kindness and generosity reaching out to our Monday evening community. Also to Edwina who came to visit us on Monday to arrange everything for us and answer our questions and looked after us so well throughout our visit. You were truly appreciated.

Karen Crussell

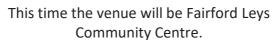






(with a Fish and Chip Supper) will be held on Saturday 24th January 2026,

commencing at 7pm.



Tickets can be obtained by calling Genevieve Smith at the Karibuni Office (01296 614887) or via the Karibuni online shop: (https://www.karibuni.org.uk/shop) (see posters on notice boards)





Laugh more often

'A merry heart does good, like medicine.'
Proverbs 17:22 NKJV

Solomon wrote, 'I recommend having fun, because there is nothing better for people in this world than to eat, drink, and enjoy life. That way they will experience some happiness' (Ecclesiastes 8:15 NLT).

If you are wise, you will take those words to heart. The impact of laughter is well documented. Studies show it lowers blood pressure and reduces hypertension. It reduces stress hormones and cleanses the lungs and body tissues of stored stale air, because laughter empties more air out than it takes in. It increases immune functions in the body.

On top of all these benefits, laughter triggers the release of endorphins – those 'feel good' chemicals in the brain that make you feel happy. These are the identical chemicals released when some people, after a prolonged period of running, experience a runner's high. That's why the Bible says, 'A merry heart does good, like medicine.'

So, take advantage of every opportunity to have a good hearty laugh. Laugh at your mistakes — especially on the job. Shed the superwoman or superman image, and start having fun. This doesn't mean you have relaxed your standards of excellence; it just indicates you are aware of the fact that you and those around you are human. So have some fun; be a good sport. Don't allow life's pressures and negative circumstances to snuff out your sense of humour. Laughter reflects positive emotions and makes you a lot more enjoyable to be around. Nobody enjoys a sourpuss; laughter can also take your mind off what's stressing you.

So, laugh often, and remember, 'The joy of the Lord is your strength' (Nehemiah 8:10 KJV).

Source: The Word for Today, a daily devotional, produced free of charge by United Christian Broadcasters. For your regular quarterly copy write to UCB at:

United Christian Broadcasters, Westport Road, Burslem, Stoke-on-Trent, ST6 4JF, or email ucb@ucb.co.uk or telephone 01782 911 000.

Or you can read them online at https://www.ucb.co.uk/read.

As a charity, UCB relies on donations, so a gift would be appreciated from time to time.

CHURCH READINGS: Dec 2025 – Feb 2026.

There are still a few dates available – do have a look!

There is a new Reading Rota on the noticeboard, so if you are willing to join our rota for reading the lesson in Church occasionally, please sign up for the week you would like to read, with just your name (no contact details needed – unless you are new to reading the lesson), and a steward will contact you

during that week with the reading. If you have any questions, or if you are joining the reading rota for the first time, please speak to one of the stewards.





Prayer Requests. If you have requests for people or situations to be included in the prayers, there is a Prayer Request folder in the display cabinet in the Welcome Space for you to write in, or you could let a steward know in advance.

Our Prayer Group also meets on alternate Tuesdays, 10.45am-12 noon, and are very happy to receive prayer requests. They would also welcome anyone who would like to join them. Please email

Ruby: rubydarku@hotmail.co.uk



Don't forget your donations for the Aylesbury Foodbank.

Currently, the greatest need is for: Long-life UHT milk and Custard, Tinned Fruit and Vegetables (but not Potatoes), Teabags (40 or 80), Table sauces, eg Ketchup, brown sauce. But all donations are welcome. Toiletries, washing up liquid & laundry detergent pods are always needed.

Next Week

Mon	22 Dec	6.30 – 8.00pm	Food Hub	

Sunday 28th December 2025

10.30am: Morning Worship led by Mr Ken Harris.

Sunday 4th January 2025

10.30am: Covenant Service led by Rev Richard Atkinson, Sunday 11th January 2025

10.30am: Morning Worship led by Rev Richard Atkinson.

The designated fire officers are the Duty Stewards First Aid boxes are located in each of the kitchens Fire doors are not to be wedged open, except those fitted with Dorgard (Please ensure other doors close behind you after passing through Duty Manager (Roger Kirk: 01296 415312 Mobile: 07484 392734)