

WELCOME TO

**AYLESBURY METHODIST CHURCH**

Minister: Rev Richard Atkinson

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**Sunday 10<sup>th</sup> May 2026**

**This Church is God's house.**  
God loves and welcomes you  
whoever you are, whatever  
your age, gender, mental  
health, physical ability, race,  
sexuality or financial situation.  
You are welcome here,  
whatever your circumstances;  
however much or little you  
wish to engage; whatever you  
feel about faith.



**10.30am: Service of Holy Communion  
led by Rev Richard Atkinson**

If you are visiting our Church for the first time, do introduce yourself to one of our stewards, who, this morning, are Jackie Simpson-Tyda and Victoria Fiadzeawu.

**Please join us in the Hall after the service for tea, coffee, and a biscuit.**  
*(Oat milk now available. Please ask.)*

The words of the hymns are projected at the front of the Church.  
If you would like to have a hymnbook for the service, please ask.

<b>Hymns</b>	<b>10,000 Reasons, Stf 2 447 242 615 35 483</b>
<b>Readings</b>	<b>Mark 10: 28-34 Romans 12: 9-21</b>
<b>Music</b>	<b>AMC Worship Band</b>
<b>Streaming</b>	<b>To safeguard children and any vulnerable adults, our live-streamed services will not show the congregation.</b>

**The Worship Band will lead you in your preparation for worship, and the words will be shown on the screen. Please join in.**

If your little ones (up to age 3) become restless during services, you are welcome to take them into the creche room in the Welcome Area to play. The service can be heard from there.

**All children MUST be accompanied by an ADULT.**



**The flowers this week are given by Leah,  
in loving memory of Michael Clark.**



We are celebrating Christian Aid Sunday **TODAY** with a short video which shows a story from Christian Aid's partner Beacon of Hope in Dagoretti, Kenya. Fridah explains how Imarisha Kilimo project has supported

her to grow vegetables to feed her family and provide an income.

**There will be a retiring collection for their vital work at the end of the service this morning.**

You will find a collection envelope in your notice sheet. This can be returned at the end of the service or over the next few Sundays. There are some spare envelopes in the display cabinet.

*Please complete the Gift Aid declaration if you pay tax, so that Christian Aid can claim back an extra 25p for each £1 you donate, at no extra cost to you.*

***Please give as generously as you are able.***



**This Wednesday 13<sup>th</sup> May will be Lunch Club.**

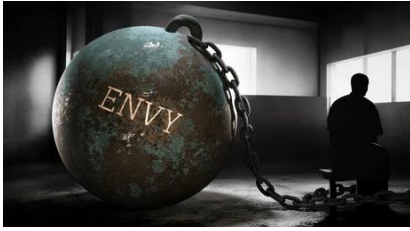
We will be serving up Jacket Potatoes with various fillings and a bowl of salad at 12.30pm. If your name isn't already on the list, please add it or give Gill a call on 01296 748659 if you would like to join us for lunch and a natter. See you there.



**A reminder of the  
Ideas and Planning Meeting  
next Saturday 16<sup>th</sup> May at 10am  
in the Welcome Space coffee bar,  
if you are interested in helping to create an AMC  
Wild Garden.**

**[See poster on notice boards.]**

In your notice sheet of 26<sup>th</sup> April was a list of energy-saving items donated by Bucks Council, and **FREE of charge**. They will be on display in the Hall on **Sundays 17<sup>th</sup> May and 24<sup>th</sup> May**. Or call the office (01296 426526) if you'd prefer to collect on a weekday.



## OVERCOMING ENVY

*'Wrath is cruel, and anger is outrageous;  
but who is able to stand before envy?'*

Proverbs 27:4 KJV

Unlike jealousy, which is the fear of being displaced, envy is ill-will towards those who possess something you want. Jealousy says, 'I'm afraid you are going to take what I have.' Envy says, 'I want what you have, and I resent you for having it!'

Envy is one of the most frequently concealed emotions. You may be more likely to admit to an uncontrollable temper, a phobia, or any other negative emotion than to acknowledge that you are envious.

Envy inevitably leads to resenting and criticising the person you envy. And once you allow envy and resentment to enter your heart, they act like free radicals producing an emotional cancer. Eventually they will manifest themselves in some destructive way, whether it is in the form of taking mood-altering substances, overeating, shopping excessively, lashing out, being sarcastic, or physically harming others.

### **If you harbour envy towards someone, it's time to deal with it.**

David wrote: 'You desired faithfulness even in the womb; you taught me wisdom in that secret place. Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow' (Psalm 51:6-7 NIV).

If you covet what someone else has, ask yourself, 'Am I willing to pay the price they paid to obtain it?'

The world has a saying: 'There is no such thing as a free lunch.' Everything – except salvation – has a price tag. So whether you want to be thin, rich, educated, or whatever, stop envying the success of others, and ask God to help you succeed in the assignment He has given you for your life.

**Source:** *The Word for Today*, a daily devotional, produced free of charge by United Christian Broadcasters. For your regular quarterly copy write to UCB at:

**United Christian Broadcasters, Westport Road, Burslem, Stoke-on-Trent, ST6 4JF**, or email [ucb@ucb.co.uk](mailto:ucb@ucb.co.uk) or telephone **01782 911 000**.

Or you can read them online at <https://www.ucb.co.uk/read>.

As a charity, UCB relies on donations, so a gift would be appreciated from time to time.

**Don't forget your donations for the Aylesbury Foodbank.**

**Currently, the greatest need is for: *Tinned or Packet Soup  
Long Life Fruit Juice, Instant Mashed Potato, Tinned Meat.***

**But all donations are welcome. Strong Carrier Bags, Toiletries,  
washing up liquid & laundry detergent pods are always needed.**



**Prayer Requests.** If you have requests for people or situations to be included in the prayers, there is a Prayer Request folder in the display cabinet in the Welcome Space for you to write in, or you could let a steward know in advance.

**Our Prayer Group also meets on alternate Tuesdays, 10.45am-12 noon,** and are very happy to receive prayer requests. They would also welcome anyone who would like to join them. Please email Ruby: [rubydarku@hotmail.co.uk](mailto:rubydarku@hotmail.co.uk)



### Next Week

**The Coffee Bar in the Welcome Space is usually open on Mondays, Wednesdays,  
Fridays and Saturdays, 10am – 12 noon.**

<b>Mon</b>	11 May	6.15pm 6.30 – 8.00pm	Girls' Brigade Food Hub
<b>Tues</b>	12 May	9.30am 10.45am 2.00pm 6.00pm	Chair Yoga Prayer Group Banner group Boys' Brigade
<b>Wed</b>	13 May	12.30pm	Lunch Club
<b>Thurs</b>	14 May	10.00am From 12.45pm	Sunbeams Baby & Toddler Group Blood Donor sessions
<b>Frid</b>	15 May	2.30pm	Friday Feathers Badminton Club

### Sunday 17<sup>th</sup> May 2026

**8.45am: Communion Service led by Rev Richard Atkinson.**

**10.30am: Morning Worship led by Mr David Wilderspin.**

**The designated fire officers are the Duty Stewards**

**First Aid boxes are located in each of the kitchens**

**Fire doors must not be wedged open, except those fitted with Dorgard  
(Please ensure other doors close behind you after passing through)**

**Duty Manager - (Kevin Hardern: 01296 481285 Mobile: 07785 950 702)**



**Vale of Aylesbury Circuit**

# **BIG SING**

**‘The Church: A Community led  
by the Spirit’**

**Sunday 24<sup>th</sup> May, 6.00pm**

**at Stewkley Methodist Church**

**103 High Street, Stewkley,  
LU7 0HU**



**All welcome!**



## HAVING A SPIRIT-CONTROLLED TONGUE

*'The tongue is a flame of fire.'*

James 3:6 NLT

The Bible says, 'A tiny spark can set a great forest on fire. And... the tongue is a flame of fire' (vv. 5-6 NLT). People living in hot climates know the danger of ravaging bushfires driven by desert winds and can readily identify with these words: 'See how great a forest a little fire kindles!' (v. 5 NKJV). A single spark from a match has started many massive fires. Spreading faster and farther than we might ever imagine, that kind of fire destroys homes and businesses worth millions of pounds, leaving a scorched landscape and devastated lives.

Similarly, how many reputations have been ruined by a careless word? The impact of our words spreads far and fast, especially in our digital age. A word tweeted anywhere can be retweeted all over the world in seconds. Like a fire, that word can get out of control and do irreparable damage. Hence James wrote: 'No man can tame the tongue' (v. 8 NKJV). But God can. 'The fruit of the Spirit is... self-control' (Galatians 5:22-23 NKJV). The Holy Spirit can take a tongue that peddles gossip and turn it into one that brings glory to God.

He can take a tongue that spews bitterness and turn it into one that speaks blessing.

Gossip is saying something behind someone's back that you would never say to that person's face. Flattery is saying something to someone's face that you would never say behind the person's back. And both are wrong.

So let's join the psalmist in praying: 'May these words of my mouth... be pleasing in your sight, LORD' (Psalm 19:14 NIV)

**Source:** *The Word for Today, a daily devotional, produced free of charge by United Christian Broadcasters. For your regular quarterly copy write to UCB at:*

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