

WELCOME TO
AYLESBURY METHODIST CHURCH

Minister: Rev Richard Atkinson

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Sunday 22nd February 2026

This Church is God's house.
God loves and welcomes you
whoever you are, whatever
your age, gender, mental
health, physical ability, race,
sexuality or financial situation.
You are welcome here,
whatever your circumstances;
however much or little you
wish to engage; whatever you
feel about faith.

10.30am: Morning Worship led by Rev Richard Atkinson.

If you are visiting our Church for the first time, do introduce yourself to one of our stewards, who, this morning, are Frances Aylen and Andy Gilbert.

Please join us in the Hall after the service for tea, coffee, and a biscuit.
(Oat milk now available. Please ask.)

The words of the hymns are projected at the front of the Church.
If you would like to have a hymnbook for the service, please ask.

Hymns	StF 334 510 505 457 345
Readings	Genesis 3: 1-7 Romans 5: 12-19
Organist	Derrick Matthews
Streaming	To safeguard children and any vulnerable adults, our live-streamed services will not show the congregation.

If your little ones (up to age 3) become restless during services, you are welcome to take them into the creche room in the Welcome Area to play. The service can be heard from there.

All children MUST be accompanied by an ADULT.



FAMILY NEWS: Olwen Darlington has now moved into Aston Manor Care Home, De Havilland Road, Weston Turville, HP22 3BZ. Visitors will be very welcome.



Update of Pastoral Records.

Have you completed and returned one of the cream forms yet, so that we can update our pastoral records?

We need your current address, telephone numbers and email addresses.

Some forms will be available on Sundays as you arrive, and a sealed box for you to put them in. They can also be given to Richard or one of the Church Stewards.

The information will be private and stored on a password-protected computer, and paper copies destroyed.

Spare forms can be found in the display cabinet in the Welcome Space.



It's now time to count the money in your little Home Collecting Boxes. Please either hand in the box for us to open, or bring the contents to church in a plastic bag, **clearly marked with your name**, for us to count. Pauline Noble and Jennie Torpey

will be very pleased to receive it. Any queries, ring Pauline 01296 484940 or Jennie 01296 581414. If you do not have a box and would like one at home to put in small amounts of loose change, please ask Pauline.



This year's **World Day of Prayer Service** is themed '*I will give you rest, come*' and has been written by the women of Nigeria.

There will be a service taking place at the **Seventh Day Adventist Church on the Stoke Road in Aylesbury at 1.30 pm on Friday 6th March. ALL ARE WELCOME**, and it would be lovely to see as many of you there that can make it. Refreshments will be served afterwards.

PARKING: A reminder that the limited Church car parking spaces should be left for those with poor mobility. To ensure the way is clear for wheelchairs, etc to pass, please do not double-park, or park right up by the rear doors on the paving slabs by the fire exit.



HEALING WHEN YOU'VE BEEN HURT

'He heals the broken-hearted and binds up their wounds.'

Psalm 147:3 NKJV

There are times when we all experience rejection, betrayal, and disappointment. But if we hold on to those experiences, we can remain in a state of perpetual hurt. Indeed, when we refuse to forgive and move on, we place a weapon into Satan's hands that he will use against us at every opportunity. **It's not what has happened to us, but how we *respond* that matters.** If we allow the hurt to gain control of our thoughts, it can undermine our emotional wellbeing.

Jesus doesn't want us to go through life carrying old wounds; He wants to heal us. This is why He gave us the precious promises in His Word. Regardless of how badly we've been hurt, God always has our complete restoration in mind. **“For I will restore health to you and heal you of your wounds,” says the Lord** (Jeremiah 30:17 NKJV).

If you have spent years wrestling with unresolved hurt, God has provided a way out. 'He heals the broken-hearted and binds up their wounds.' When He was on earth, Jesus was constantly healing people's pain and comforting them in their sorrow. And when He left earth, He didn't leave us high and dry. He sent the *eternal* source of comfort to live inside of each of us – the Holy Spirit, who is our comforter, helper, and friend (see John 14:16).

The hurts you've experienced are real, but God doesn't want them to be your greatest reality. His Spirit is always with you and will never leave you (see Hebrews 13:5). And you can draw from His strength through every painful circumstance and find healing when you've been hurt.

Source: *The Word for Today*, a daily devotional, produced free of charge by United Christian Broadcasters. For your regular quarterly copy write to UCB at:

United Christian Broadcasters, Westport Road, Burslem, Stoke-on-Trent, ST6 4JF, or email ucb@ucb.co.uk or telephone 01782 911 000.

Or you can read them online at <https://www.ucb.co.uk/read>.

As a charity, UCB relies on donations, so a gift would be appreciated from time to time.

Don't forget your donations for the Aylesbury Foodbank.

Currently, the greatest need is for: Tinned Meat, Tinned Soup, Tinned Baked Beans. But all donations are welcome. Toiletries, washing up liquid & laundry detergent pods are always needed.

CHURCH READINGS: March – May 2026. There is a new sheet on the noticeboard, so if you are willing to join our rota for reading the lesson in Church occasionally, please sign up for the week you would like to read, with just your name (no contact details – **unless you are new to reading the lesson**), and a steward will contact you during that week with the reading. If you have any questions, **or if you are joining the reading rota for the first time**, please speak to one of the stewards.

Prayer Requests. If you have requests for people or situations to be included in the prayers, there is a Prayer Request folder in the display cabinet in the Welcome Space for you to write in, or you could let a steward know in advance.

Our Prayer Group also meets on alternate Tuesdays, 10.45am-12 noon, and are very happy to receive prayer requests. They would also welcome anyone who would like to join them. Please email Ruby: rubydarku@hotmail.co.uk

Next Week

The Coffee Bar in the Welcome Space is usually open on Mondays, Wednesdays, Fridays and Saturdays, 10am – 12 noon.

Mon	23 Feb	6.15pm 6.30 – 8.00pm	Girls' Brigade Food Hub
Tues	24 Feb	9.30am 2.00pm 6.00pm	Chair Yoga Banner Group Boys' Brigade
Thurs	26 Feb	10.30am From 12.45pm	Sunbeams Baby & Toddler Group Blood Donor sessions
Frid	27 Feb	2.30pm	Friday Feathers Badminton Club
Sat	28 Feb	9.30am-12.30pm	REPAIR CAFE

Sunday 1st March 2026

10.30am: Service of Holy Communion led by Rev Richard Atkinson.

The designated fire officers are the Duty Stewards
First Aid boxes are located in each of the kitchens
Fire doors must not be wedged open, except those fitted with Dorgard (Please ensure other doors close behind you after passing through
Duty Manager - (John Miskin: 01296 422919 07988 960815)