TINNED/DRY FOOD

(Quantity, not quality, is important, so 'own label' supermarket brands are fine.)

We cannot use	We have enough	We need help!	We are desperate!
Home cooked food End of life food Out of date food Open packaging	Tea/T-bags Rice Pasta Jam Soup Tinned Veg Tinned Meat Tinned Fish	Peanut Butter Bottled Water Tinned Fruit Black Ground Pepper Porridge	Cornflakes * Weetabix * Any cereals* Ketchup* Instant Hot Chocolate Nutella/Choc Nut Spread/Chocolate Spread Plum Tomatoes and Chopped Tomatoes Baked Beans Sugar Coffee Black Ground Pepper and Salt Brown Sauce Honey

TOILETRIES

Quantity, not quality, is important, so 'own label' supermarket brands are fine.

We cannot use	We have enough	We need help!	We are desperate!	
Sanitary products	Talc	Body Lotion	Razors	
Bubble Bath	Combs	Body Wash	Spray Deodorant	
Hair Conditioner	Soap	Hand Cream	Roll-on Deodorant	
Nappies	Ladies' Make-up	Moisturiser	Shower Gel	
•	Wet Wipes	Shampoo	Shaving Foam	
	Toothpaste	Toothbrushes	_	

[PLEASE TURN OVER FOR MORE ITEMS!]



COLLECTION FOR WHITECHAPEL MISSION SUNDAY 28th SEPTEMBER 2025

CLOTHING

(Clothing and towels can be second-hand, but must be in a good, clean condition.)

(We do not operate charity shops! Anything donated to the Whitechapel Mission will be given directly to people in need.)

We cannot use	We have enough	We need help!	We are desperate!
Babies' clothing Children's clothing Duvets Pillows Quilts Coat Hangers Sheets, duvet covers Pillow cases	Trousers 36" waist and above Light Sweaters Shirts Knickers & Bras Suits Padded Shirts Women's Clothing	Winter Jackets Winter Coats Baseball Caps Woollen Gloves Woollen Hats Woollen Scarves T-Shirts Jumpers Hand Towels Bath Towels Socks Blankets	Underpants Boxers Jeans 28-36" Trousers 28-34" Small Rucksacks Men's Trainers Men's Shoes

HOUSEHOLD ITEMS: NO CURRENT NEEDS

Our work is with people sleeping on the streets of London. 90% of our guests each day are male.

[PLEASE TURN OVER FOR MORE ITEMS!]