

WELCOME TO

AYLESBURY METHODIST CHURCH

Minister: Rev Richard Atkinson

01296 339899

revrja@outlook.com

Church Office: 01296 426526

E-mail: office@aylesburymethodists.org.uk

Website: www.aylesburymethodists.org.uk

Sunday 11th February 2024

10.30am: Family Service led by Mr John Shaw.

If you are visiting our Church for the first time, do introduce yourself to one of our stewards, who, today, are Elaine Hope and Gill Nord.

Please join us in the Hall after the service
for coffee or tea and a biscuit.



The words of the hymns are projected at the front of the Church.
If you would like to have a hymnbook for the service, please ask.

Hymns	StF 61 385 59 351 470
Readings	2 Kings 2: 1-12 Mark 9: 2-9
Music	AMC Worship Band
Streaming	To safeguard children and any vulnerable adults, our live-streamed services will not show the congregation.



If your little ones (up to age 3) become restless during services, you are welcome to take them into the creche room in the Welcome Area to play. The service can be heard from there.

All children MUST be accompanied by an ADULT.

The Worship Band will lead you in your preparation for worship by singing the songs projected; please join in.

The flowers this week are in loving memory of Gwendolyn Morris to mark her 100th birthday on the 14th February 2024, from her children.

IMPORTANT NOTICE

Please be aware that the hall is out of use from Tuesday 13th till Friday 16th February. The floor is having new lines painted for the badminton court as the old taped lines keep getting ripped up. Many thanks, John.

Next Sunday there is a change to the Preaching Plan. It will be Louise Atkinson leading the service, as Richard is now going to Chinnor to take a communion service.



Have you handed in your Home Collecting Box yet?

Please either hand in the box for us to open and count, or bring it to church in a **plastic bag, clearly marked with your name.**

Pauline Noble or Jennie Torpey will be very pleased to receive it. Any queries, ring Pauline on 01296 484940.

If you do not have a box and would like one at home to put in small amounts of loose change, please talk to Pauline.



Roofing contractor: *the more eagle eyed of you will have noticed that we have a leak in the church, a reoccurrence of the leak we thought we had fixed a year ago. It is above where the choir sit. This is an appeal. If anyone out there has contact with a known roofing contractor we could engage with, please contact Paul Ingram (07884 471 419) or Kevin Hardern (07785 950702) with their details.*



World Day of Prayer

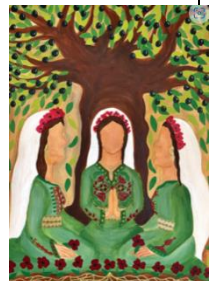
The Aylesbury committee of the World Day of Prayer invite you to their service on **Friday 1st March 2024**. This years' service has been prepared by the Christian Women of Palestine.

They have taken as their theme:

"I beg you, bear with one another with love".

It is a day of prayer for everyone. All are welcome – men, women, and young people. There will be just one service in the afternoon. This service will be held at 1.30pm at the church, Our Lady of Lourdes, Cambourne Avenue, Bedgrove, Aylesbury. Refreshments will be served afterwards in the café area of the Church of the Holy Spirit which is directly opposite.

We do hope that you will be able to join us.



CHRISTIANITY EXPLORED: A course for Lent

It's not too late to join us for the remainder of the course!

Thursdays from February 15th to March 21st at Aylesbury Methodist Church, in Room 2, starting at 7.30pm.

If you have any further questions, please contact Richard Atkinson. 01296 339899 revrja@outlook.com

[See details in Welcome Space]



MAUNDY THURSDAY: Our Maundy Thursday service will be on **March 28th** in the evening. We will again mark this important night in the context of a meal. *Please save the date!*



VALE OF AYLESBURY CIRCUIT HOLIDAY 2024

Monday 1st to Friday 5th July 2024

If you think you might be interested, there are some sets of booking forms and itinerary available in the Display Cabinet in the Welcome Space.

For further information or queries, do contact

JANE & PETE HONEYBALL on 07703 174 656 or 01844 351096,

Email: peter.honeyball@btinternet.com

Prayer Requests. If you have requests for people or situations to be included in the prayers, there is a Prayer Request folder in the display cabinet in the Welcome Space for you to write in, or you could let Richard know in advance.

Our Prayer Group also meets on alternate Tuesdays, 10.45-12noon, and are very happy to receive prayer requests. They would also welcome anyone who would like to join them.

Please email Ruby: rubydarku@hotmail.co.uk



CHURCH READINGS March – May 2024:

A new sheet is now on the noticeboard, so if you are willing to join our rota for reading the lesson in Church from time to time, **please sign up** for the week you would like to read, with just your name (no contact details) and a steward will contact you during that week with the reading. If you have any questions, please speak to one of the stewards or Richard.



Don't forget your donations for the Aylesbury Foodbank

Currently, the need is for donations of: UHT milk, tinned meat, fish & fruit. Sponge/rice puddings, small jars coffee, long life juices, pasta sauce, tinned meals (eg chilli, curries). Tinned soups, jam & spreads, as well as toiletries, together with washing up liquid & laundry detergent pods.



SHOUT OUT FOR VOLUNTEERS! Please TEXT me if you know of anyone who is interested in volunteering - we have a volunteering drive on at the moment to cope with increased demand. We have vacancies in the warehouse and for drivers. We are a happy team of friendly volunteers, working together and we welcome people for as much and as little time as they have.

Nick Andrews, Collections Team, Aylesbury Foodbank. TEXT: 07583 550676

Next Week

Mon	12 Feb	6.15pm 7.30 - 9.00pm	Girls' Brigade AMC FOOD BANK
Tues	13 Feb	9.30am 10.45am 6.00pm	Chair Yoga Prayer Group Boys' Brigade
Thurs	15 Feb	7.30pm	Christianity Explored course
Frid	16 Feb	2.30pm	Social Badminton Club

Sunday 18th February 2024

8.45am: Communion Service led by Rev Richard Atkinson

10.30am: Reader Service led by Mrs Louise Atkinson

The designated fire officers are the Duty Stewards
First Aid boxes are located in each of the kitchens
Fire doors are not to be wedged open, except those fitted with Dorgard (Please ensure other doors close behind you after passing through)
Duty Manager - (Kevin Hardern: 01296 481285 Mobile: 07785 950 702)



'GOOD NEWS' FROM AROUND THE CIRCUIT

CUDDINGTON

Dear All,

This Sunday, 11 February, Cuddington is the focus of our Circuit Prayers. We join Colin, who for many years has been a faithful Local Preacher and mainstay of Cuddington Methodist Church. Colin tells us how he came to the Lord and what inspires him in his ministry to so many people over so many years. We give thanks for Colin and the many like him who labour unceasingly to ensure we can all share in the wonder of the gospel.

Pete.



When I was 17 years old, and part of the Towcester Road Methodist Church and a Sunday School Teacher, I attended a Sunday School Teachers' Training weekend at Chislehurst in Kent. It was over the Easter weekend that year.

On the Saturday evening a group of students read portions from Dorothy L Sayers' book, 'A man born to be King'. During the readings the students read different parts of the Easter Narrative from the balcony above. We couldn't see them but could clearly hear the words.

Suddenly I could see a vision of Jesus being crucified. I wanted to try and help Him in His agony, but He turned and looked at me.

I heard Him say, "I must do this for YOU".

I knew at this point that He had to give His life for me and all Mankind. Then I realised the enormity of His sacrifice, and that I had to accept His sacrifice for me and I must give my life over to Him.

My life changed completely from that moment as I gave my life to Him. I was so thankful for all that Jesus did for me. This is an experience I will never forget and it is still as vivid as when I was a 17 year old teenager.

It was the beginning of my walk with Jesus, when the Bible became a handbook as I soaked up the reality of the words that are Truth for us to live by.

I am so grateful to those students who pointed me to the Cross and my salvation.

***He Lives, He lives, Christ Jesus lives today,
He walks with me and talks with me along life's narrow way.
He lives, He lives, salvation to impart,
You ask me how I know He lives,
He lives within my heart.***

Colin Watts.



Give your worries to God

‘The peace of God... will guard your hearts and minds.’

Philippians 4:7 NIV

When you feel anxious and afraid, here are two things you should do:

1) Find a ‘faith friend’. When anxiety grabs your mind, one of the most powerful ways to break the worry spiral is to disclose it to a ‘faith friend’. When Israel went out to occupy the promised land, here is what God said to them: ‘Is anyone afraid or fainthearted? Let him go home so that his fellow soldiers will not become disheartened too’ (Deuteronomy 20:8 NIV). Pessimism, fright, and discouragement are contagious. And so is courage!

2) Take action and face your fear. Sermons about how God will take care of you aren’t in and of themselves sufficient to remove anxiety from your life. You must do certain things, like stepping out in trust. The way to get God’s peace from your head to the rest of your body is to trust Him to the point where you can confront your fears head-on.

So, with that in mind,

- a) meditate on passages like Psalm 23; imagine yourself being shepherded by the Lord through green pastures and led beside still waters,
- b) talk to your ‘faith friend’ before worry gets a foothold in your mind,
- c) use a ‘breath prayer’ such as, ‘God, I’m casting all my cares on You,’
- d) exercise; physical exercise is one of the best ways to stop excess adrenaline from building up,
- e) identify your fear and take even one small step towards confronting it, and
- f) get sufficient rest.

David said, ‘In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety’ (Psalm 4:8 NIV). Today, give your worries to God!

Source: *The Word for Today*, a daily devotional, produced free of charge by United Christian Broadcasters. For your regular quarterly copy write to UCB at

FREEPOST RLTX-ABUL-GRAR, United Christian Broadcasters, Westport Road, Stoke-on-Trent, ST6 4JF, or telephone **0845 60 40 401**.

As a charity, UCB relies on donations, so a gift of at least 50p per copy, which just covers the cost of printing the booklet, would be appreciated from time to time.